

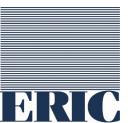
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#### **Participation Procedure**

- Procedure for audience participation
- Audience will be in a "listen-only" mode
- If you wish to ask a question or make a comment, please press \*6 on your telephone to "un-mute" your telephone
- After speaking, please press \*6 again to re-enter "listen-only" mode



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#### Defining and Analyzing Well-being

Robert Kennedy Meghan Murphy Fidelity Investments October 12th, 2017



Compelling scientific evidence indicates that living long and living well is most realistic for those who are socially engaged, adopt healthy living behaviors and are able to build financial security.

#### What employers are telling us

My employees aren't taking advantage of all the benefits we offer them We struggle to understand what is going on in our employees lives

Expanded definition of well-being is increasing employee engagement

Employee wellbeing is a key piece of our business strategy

### Defining well-being



#### Financial well-being: It's more than just the money













#### The components of the Fidelity Financial Wellness Score

	BUDGET	DEBT	SAVINGS	PROTECTION
OBJECTIVE	Essential Expenses	Debt Payments	Household Assets	Emergency Fund
		Credit Score	Annual Savings Rate	Types of Insurance
		Types of Debt	Pension	
SUBJECTIVE	Feelings About Budget	Feelings About Debt	Feelings About Savings	Feelings About Protection

The methodology for Fidelity Financial Wellness Score

20%

5%

25%

15%

10%

SUBJECTIVE

**BUDGET DEBT SAVINGS PROTECTION** OBJECTIVE

20%

5%

25%

15%

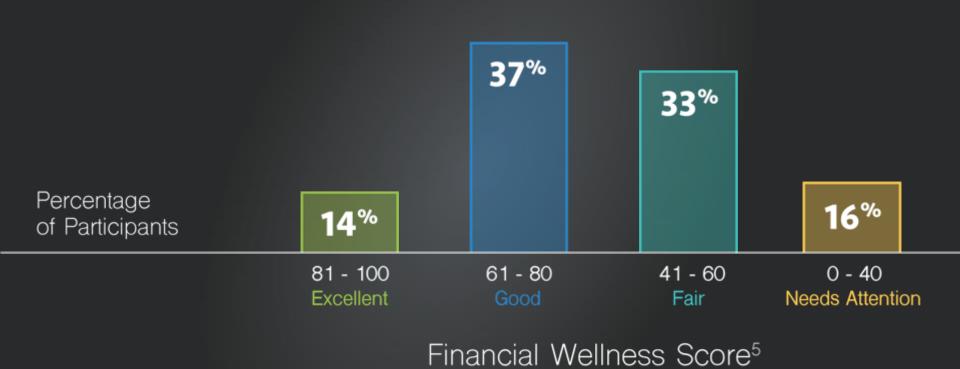
10%

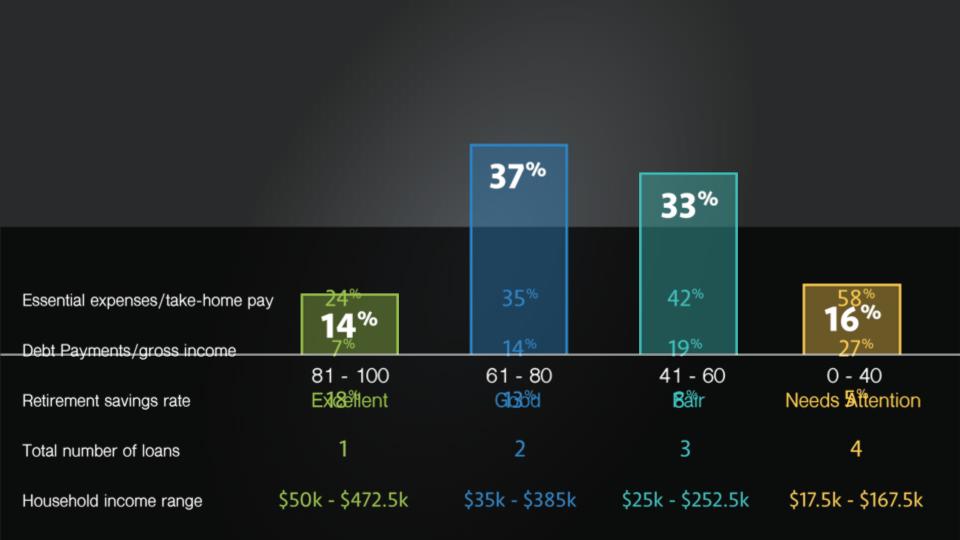
= 70%

= 30%

100%

#### How financially well are participants?





#### The Financial Wellness Hierarchy\*



#### Defining well-being



#### The most impactful events span all domains of well-being



#### Reorg at work





30%+ Gen X & Boomers feel worse



70% higher stress 35% Women gain weight 39% Women less active



64% less happy 15% happiness at "all time low"

49% less satisfied with life

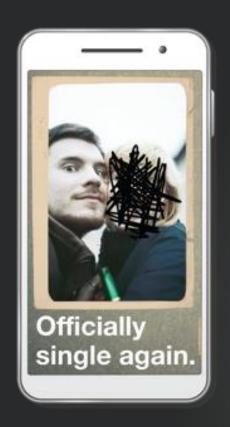


63% Millennials less committed

**52%**Millennials
less motivated

63%+
Millennials & Women
less satisfied

#### Divorce/separation





57%+ Gen X & Women higher debt

60%+ Gen X & Women higher expenses 52%+ Gen X & Women save less



64% higher stress **52%**Gen X
sleep worse

40%+ active, lose weight, eat better



**51%** happier overall

66% vs. 53%

43% Gen X less happy



48% more committed

40% more motivated

#### Caregiving |





45% Women higher expenses 37% Women save less 27% Women higher debt



78% Women higher stress 50% Women sleep worse 43% Women gain weight



49% less happy 43% life satisfaction decreases 70% less leisure time



little to no impact

#### What leading employers are focused on

Expanded definition of well-being

Improving navigation and personalization

Maximizing spend and resource

# Q&A

#### Important Information

<sup>1</sup> Fidelity Investments Life Decisions Research online survey of more than 9,000 defined contribution plan participants recordkept by Fidelity and who are employed full time (more than 30 hours per week). The research was completed in October 2016 by Greenwald & Associates, Inc., an independent third-party research firm. Fidelity also worked in collaboration with the Stanford Center on Longevity on the study.

<sup>2</sup>Analysis based on Fidelity Investments Life Decisions Research, a survey of 9K+ DC plan participants recordkept by Fidelity and who are employed full time. Survey conducted October 2016 by Greenwald & Associates, Inc., an independent third-party research firm and in collaboration with the Stanford Center on Longevity on the study. Participants were asked to identify the most impactful event in their life over the past 12 months, as well as the effects it has had on four domains of their life (money, health, happiness job). The impact of each event was rated through 19 separate questions, including measures of debt, physical activity, life satisfaction, and job performance. Each question offered 5 response options ranging from a strong negative impact (e.g., "my debt has plummeted"). Individual responses were scored on a 5-point scale from -2 (strong negative impact) to +2 (strong positive impact). Responses to questions within each domain were summed to create domain-level impact scores (ranging from -40 to +40).

<sup>3</sup>Based on 296,700 responses from Fidelity Investments Financial Wellness Money Check-up from June-January 2016.

<sup>4</sup>Fidelity Markers of Financial Wellness Survey of more than 6,000 active Defined Contribution plan participants recordkept by Fidelity, who have input into household financial decisions. Conducted by CMI Research, an independent third-party research firm. July 2016. Response rate was split among the generations as: 21% Millennials, 37% Generation X and 40% baby Boomers.

#### <sup>5</sup>About Fidelity's Financial Wellness Score

These findings are the culmination of a yearlong research project with Strategic Advisers, Inc., a registered investment adviser and a Fidelity Investments company, which analyzed the overall financial wellness of 6,300 active retirement plan participants based on data collected through the Fidelity Financial Wellness Markers Survey, July 2016. Survey questions assessed objective and subjective indicators in four domains of personal finance (budget, debt, savings/investment, and protection) as well as general feelings and demographic characteristics. All four domains contribute 25% each to the overall score, for a total of 100%. Overall, the objective factors are assigned a total weight of 70% and overall subjective factors are weighted at 30%. The sum of all four domains yields a total score from 0 to 100, where 0 represents extreme financial distress and 100 indicates the maximum level of financial wellness. Data collection was completed by CMI Research. Fidelity Investments was not identified as the survey sponsor. CMI Research is an independent research firm not affiliated with Fidelity Investments.

#### <sup>6</sup>About Fidelity's Financial Wellness Model

The Financial Wellness predictive model was created using a combination of survey data and Fidelity recordkeeping data representing different aspects of participant's financial behavior and Defined Contribution (DC) plan activity. It uses data from 6,000 participants who responded to the 2016 Financial Wellness survey, including their DC plan activity and the financial wellness score developed by Strategic Advisors (link to SAI disclosure?). Behaviors within the DC plan are used to infer if a participant is well or unwell (based on SAI score) using a Random Forest model. Each component of wellness (Savings, Budget, Debt, Protection, and Overall) uses a separate model and has its own accuracy scores. Accuracy is calculated as the percent of correct classifications in the hold out sample, which is a random subset of the 6,000 survey respondents.

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